SAFE Online

Bethesda

Learn how to stay SAFE
Socially
Active with
Friends
Electronically

The internet can be a great source of information and a great way to connect with others, but it is important to learn how to stay safe online by protecting your personal information and navigating the internet with caution.

Session topics will include:

- **Online relationships**
- **Accessing health information online**
- **Social media safety**

Group 1	Group 2
Wednesdays	**Wednesdays**
February 1 - February 22	**March 8 - March 29**
4:30pm - 5:30pm	**3:00pm - 4:00pm**

To register:

Please email Kailey Cheropita at kcheropita@bethesdaservices.com

Registration email should include the group name (and number) that you would like to register for and your contact information, including name, email and phone number.